Portion Sizes and number of choices are determined by Grade Level

Lunch Prices

 Lunch HS
 \$2.70

 Reduced
 \$.0

 Adult
 \$5.00

 Milk
 \$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price! Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

*Fresh Veggies: Will include
AT LEAST one Red/Orange,
one Dark Green and one Other
Veggie every day

Fruits:

At least 1 fresh fruit available per day

Milk Choices: Chocolate.1%White & Skim





Conemaugh Township High School Menu August-September 2025

USDA is an equal opportunity provider and employer

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Monday	Tuesday	Wednesday	Thursday	Friday
	WELGOR TO S	Shoot	21 Chicken Patty Sandwich Oven Fries Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	22 Fish Sticks Mrs. T's Pierogies Cauliflower Leafy Green Salad Fresh Veggies/ Asst. Fruit Choice of Milk
25 Ranch Chicken Flatbread Potato Smiles Steamed Broccoli Fresh Veggies Assorted Fruit Choices Choice of Milk	Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn Fresh Veggies/ Asst. Fruit Choice of milk	27 BBQ Rib Sandwich Oven Fries Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	28 Turkey Bacon Croissant Buttered Noodles Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of milk	NO SCHOOL
NO SCHOOL	Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	3 Corn Dogs Mac N Cheese Baked Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	4 Chicken over Biscuits Mashed Potatoes Peas & Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	5 Grilled Cheese Sand. Tomato Soup Celery Sticks Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Sherbert
8 Buffalo Chicken Dip Nacho Chips Mixed Veggies Fresh Veggies Assorted Fruit Choice of Milk	9 Chicken Fajita Oven Fries Baked Beans Fresh Veggies Assorted Fruit Choices Choice of milk	10 Penne Pasta Meat Sauce or Alfredo Italian Bread Green Beans Fresh Veggies/ Asst. Fruit Choice of Milk	11 Asian Chicken Lo Mein Noodles Oriental Veggies Fresh Veggies Assorted Fruit Choices Choice of Milk	12 Cheesesteak Sub Oven Fries Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk
15 Breaded Ravioli Bosco Stick (1) Marinara Sauce Green Peas Fresh Veggies Assorted Fruit Choices Choice of Milk	Popcorn Chicken Bowl Mashed Potatoes/Gravy Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	17**Local Fresh Beef** Nachos Grande Meat/Cheese/Salsa Black Beans/ Com Fresh Veggies/Asst. Fruit Breadstick Choice of Milk	Teriyaki Beef Dipper Roll Steamed Rice/ Gravy Steamed Broccoli Fresh Veggies Assorted Fruit CHoices Choice of Milk	19 Pierogie Pizza Mixed Veggies Fresh Veggies Assorted Fruit Choices Choice of Milk
Pulled Pork Sandwich Mac N Cheese Steamed Peas Fresh Veggies Assorted Fruit Choices Choice of Milk	Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Cauliflower Fresh Veggies Assorted Fruit Choices Choice of milk	24 Hot Ham and Cheese Pretzel Bun Oven Fries Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	25 Meatball Sandwich Potato Smiles Baked Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	26 OUTDOOR GRILL Chicken Sandwich Hot Dogs Pasta Salad Carrots/Apple Slices Chips/ Cookies Choice of Milk

Randy Walker Food Service Director Randy.walker@ctasd.org



Additional Fruit & Vegetable

Choices May Include:

Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,

Additional Daily Items

Cauliflower.

Monday

ChickenPatty Spicy Chicken Patty

Tuesday

Hamburgers

Wednesday

Assorted Wraps Deli Sandwich

Thursday

Hot Dogs

Friday

Assorted Pizza

EVERYDAY

PBJ Salads Yogurt