

****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township

K-5 Menu

August-September 2024

USDA is an equal opportunity provider
and employer

Randy Walker
Food Service Director
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Lunch Prices
Lunch ELE \$2.45
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| | | | 22 Chicken Patty Sand. Oven Fries Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk | 23 Stuffed Crust Pizza Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 26 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Banana/Blue Raspberry Juice Choice of Milk | 27 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of milk | 28 Bacon Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk | 29 Nachos Grande (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk | |
| | 3 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk | 4 Mini Corn Dogs Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk | 5 Asian Chicken Seasoned Brown Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk | 6 Pizza Boat Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 9 Hot Dog (1) Tater Tots Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk | 10 Spaghetti Meat Sauce Breadstick Steamed Veggies *Fresh Veggies/ Assorted Fruit Choice of Milk | 11 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of milk | 12 Chicken over Biscuits Mashed Potatoes Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk | 13 Stuffed Crust Pizza Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 16 Grilled Cheese Sand. Tomato Soup Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Juice Bar | 17 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk | 18 Ribbie Sandwich Oven Fries Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk *LUCKY TRAY DAY!!* | 19 Walking Taco (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk | 20 Big Daddy Pizza Green Leafy Salad Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 23 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Banana/Blue Raspberry Juice Choice of Milk | 24 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of milk | 25 Bacon Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk | 26 Nachos Grande (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk | 27 Pizza Boat Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk |

Additional Fruit & Vegetable Choices May Include:
 Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

Additional Daily Choices

#1 Ham and Cheese Sand (KG Only)

#2 Peanut Butter and Jelly (Grades 1-5)

#3 Chef Salad

#4 YO ON THE GO
 (cereal or cereal bar)
 (Muffin and/or Mini Loaf)
 (Yogurt or String Cheese)

Lunches offers 5-component choices:

Fruit and or Juice
Assorted Vegetables
Meat and /or Protein
Equivalent Bread

