

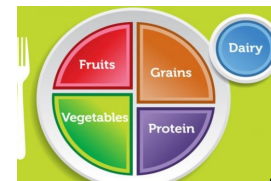
****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township High School Menu August-September 2024

USDA is an equal opportunity provider
and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Lunch Prices
Lunch HS \$2.65
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies: Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				
26 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Banana/Blue Raspberry Juice Choice of Milk	27 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of milk	28 Bacon Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk	22 Chicken Patty Sandwich Oven Fries Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	23 Mrs. T's Pierogies(3) Fish Sticks (3) Breadstick Leafy Green Salad *Fresh Veggies Choice of Milk/ Fruit
2 	3 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	4 Corn Dogs Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	29 Chicken over Biscuits Mashed Potatoes Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	30 
9 Hot Dogs (2) Tater Tots Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	10 Spaghetti Meat Sauce/Breadstick Steamed Veggies *Fresh Veggies Assorted Fruit Choice of Milk	11 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of milk	5 Asian Chicken Seasoned Brown Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Hot Ham and Cheese On Pretzel Bun Chicken Noodle Soup Leafy Green Salad *Fresh Veggies Assorted Fruit Choices Choice of Milk
16 Buffalo Chicken Dip Nacho Chips Steamed Veggies *Fresh Veggies/ Assorted Fruit Choice of Milk	17 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	18 Pulled Pork Sandwich Oven Fries Cole Slaw Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	12 Walking Taco (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	13 Cheesesteak Sub Oven Fries Leafy Green Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk
23 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Banana/Blue Raspberry Juice Choice of Milk	24 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of milk	25 Bacon Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk	19 Teriyaki Beef Dipper/Roll WG Rice/ Gravy Leafy Green Salad Green Beans *Fresh Veggies/ Assorted Fruit Choice of Milk	20 Grilled Cheese Sand. Tomato Soup Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Juice Bar
			26 Nachos Grande (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	27 Chicken over Biscuits Mashed Potatoes Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk

Additional Fruit & Vegetable Choices May Include:
Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

Additional Daily Items

Monday
ChickenPatty
Spicy Chicken Patty

Tuesday
Hamburgers

Wednesday
Assorted Wraps

Thursday
Deli Baskets

Friday
Assorted Pizza

EVERYDAY
PBJ
Salads
Yogurt

