

****Portion Sizes and number of choices are determined by Grade Level****



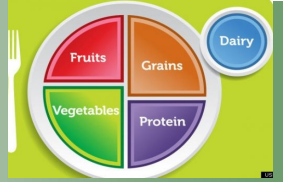
Conemaugh Township

K-5 Menu

DECEMBER 2024

USDA is an equal opportunity provider and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Lunch Prices
Lunch ELE \$2.45
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!


Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| | | | | |
| 2  | 3 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices | 4 Corn Dog (1) Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk | 5 Chicken over Biscuits Mashed Potatoes Steamed peas/carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk | 6 Stuffed Crust Pizza Green Leafy Salad Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 9 Meatball Hoagie Tater Tots Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk Sorbet Cup | 10 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Peas/Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk *LUCKY TRAY DAY!!* | 11 Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk | 12 Walking Taco Beef (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk | 13 Mozz Cheese Sticks Marinara Sauce Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 16 Beef Dippers Buttered Noodles Dinner Roll Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk | 17 Chicken Patty Sand. Oven Fries Steamed Peas/Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk | 18 Hot Dog (1) Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk | 19 Holiday Meal Roasted Turkey Mashed Potatoes/gravy Stuffing/Roll Sweet Potatoes/Corn Assorted Fruit Choices Choice of Milk Cookie Dessert | 20 Big Daddy Pizza Green Leafy Salad Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk |
| 23  | 24 | 25  | 26 | 27  |
| 30  | 31 | | | |

Additional Fruit & Vegetable Choices May Include:
Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

Additional Daily Choices

- [#1 Ham and Cheese Sand \(KG Only\)](#)
- [#2 Peanut Butter and Jelly \(Grades 1-5\)](#)
- [#3 Chef Salad](#)
- [#4 YO ON THE GO](#)
(cereal or cereal bar)
(Muffin and/or Mini Loaf)
(Yogurt or String Cheese)

Lunches offers 5-component choices:

Fruit and or Juice
Assorted Vegetables
Meat and /or Protein
Equivalent Bread

