

****Portion Sizes and number of choices are determined by Grade Level****



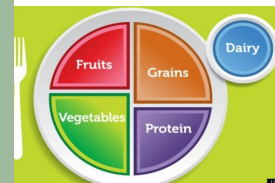
Conemaugh Township

K-5 Menu

JANUARY 2025

USDA is an equal opportunity provider and employer

Randy Walker
Food Service Director
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Lunch Prices
 Lunch ELE \$2.45
 Reduced \$.0
 Adult \$5.00
 Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
 Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
6 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Very Berry Juice Choice of Milk	7 Corn Dog (1) Oven Fries Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	8 Chicken Tenders Cheese Sauce Hot Pretzel Green Beans *Fresh Veggies Assorted Fruit Choices	9 Hamburger Sweet Potato Fries Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	10 Grilled Cheese Sand. Tomato Soup Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Juice Bar
13 Meatball Hoagie Potato Smiles Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk Sorbet Cup	14 Chicken over Biscuits Mashed Potatoes Steamed peas/carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	15 Walking Taco (Meat, Cheese and Salsa) Black Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk *LUCKY TRAY DAY!!*	16 Popcorn Chicken W/ Asian Sauce Seasoned Brown Rice Asian Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	17 Hot Dog (1) Tater Tots Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
20 	21 Fish Sticks Cheesy Fries Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	22 Chicken Nuggets/ Roll Mashed Potatoes/Gravy Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	23 BBQ Ribbie Sand. OR Pulled Pork Sand. Mini Pierogies Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	24 French Bread Pizza Green Leafy Salad Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk
27 Breaded Ravioli Bosco Stick(1) Marinara Sauce Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	28 Penne Pasta Meat Sauce/A,fredo Italian Bread Green Beans *Fresh Veggies/ Assorted Fruit Choice of Milk	29 Crispy Chicken Sand. Oven Fries Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Beef Dippers Buttered Noodles Dinner Roll Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	31 Chicken Fajita OR Chicken Nachos Refried Beans Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk

Additional Fruit & Vegetable Choices May Include:
 Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

Additional Daily Choices

#1 Ham and Cheese Sand (KG Only)

#2 Peanut Butter and Jelly (Grades 1-5)

#3 Chef Salad

#4 YO ON THE GO
 (cereal or cereal bar)
 (Muffin and/or Mini Loaf)
 (Yogurt or String Cheese)

Lunches offers 5-component choices:

Fruit and or Juice
Assorted Vegetables
Meat and /or Protein
Equivalent Bread

