

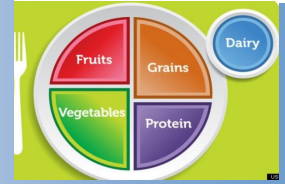
****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township High School Menu JANUARY 2025

USDA is an equal opportunity provider
and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org




Lunch Prices
Lunch HS \$2.65
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price!
Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies: Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:
At least 1 fresh fruit available per day
Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				
6 Breaded Ravioli Bosco Stick(1) Marinara Sauce Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk	7 Chicken Tenders/ Roll Buttered Noodles Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	8 Penne Pasta Meat Sauce or Alfredo Italian Bread Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	9 Asian Chicken Seasoned Brown Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	10 Fish Sticks (6) Mrs. T's Pierogies Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk
13 Buffalo Chicken Flatbread Steamed Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	14 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Cauliflower *Fresh Veggies Assorted Fruit Choices Choice of Milk	15 **Local Fresh Beef** Nachos Grande Breadstick Black Beans/ Corn *Fresh Veggies Assorted Fruit Choice Choice of Milk	16 Chicken over Biscuits Mashed Potatoes Peas and Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	17 Baked Italian Hoagie Oven Fries Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of milk
20 	21 Corn Dog Baked Beans Potato Smiles Fresh Veggies Assorted Fruit Choices Choice of milk * Cheez-It*	22 Meatball Sandwich Tater Tots Steamed Peas **Fresh Veggies Assorted Fruit Choices Choice of Milk	23 Teriyaki Beef Dipper/Roll WG Rice Leafy Green Salad Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	24 Turkey Bacon Croissant Tater Tots Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
27 Italian Panini Steamed Peas *Fresh Veggies Assorted Fruit Choices Choice of milk	28 Famous Chicken Bowl Mashed Potato/Gravy Shredded Cheese Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	29**Local Fresh Beef** Sloppy Joe Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Pepperoni Rolls Tater Tots Steamed Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	31 Cheesesteak Sub Oven Fries Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
				

Additional Fruit & Vegetable Choices May Include:
 Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

Additional Daily Items

Monday
 Chicken Patty
 Spicy Chicken Patty

Tuesday
 Hamburgers

Wednesday
 Assorted Wraps
 Deli Sandwiches

Thursday
 Hot Dogs

Friday
 Assorted Pizza

EVERYDAY
 PBJ
 Salads
 Yogurt

