

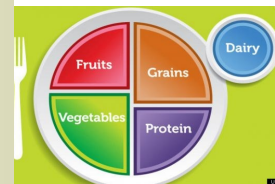
****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township K-5 Menu NOVEMBER 2024

USDA is an equal opportunity provider and employer

Randy Walker
Food Service Director
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Lunch Prices
Lunch ELE \$2.45
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				Stuffed Crust Pizza Green Leafy Salad Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk
4 Meatball Hoagie Tater Tots Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk Sorbet Cup	5 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Corn Dogs Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	7 Chicken over Biscuits Mashed Potatoes Steamed peas/carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	8 Big Daddy Pizza Green Leafy Salad Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk
		13 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Peas/Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk *LUCKY TRAY DAY!!*	14 Walking Taco Beef (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	15 Mozz Cheese Sticks Marinara Sauce Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk
18 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Very Berry Juice Choice of Milk	19 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed peas/carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	20 Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk	21 Thanksgiving Meal Roasted Turkey Mashed Potatoes/gravy Stuffing/Roll Sweet Potatoes/Corn Assorted Fruit Choices Choice of Milk Cookie Dessert	22 Stuffed Crust Pizza Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk
25 Breaded Ravioli Bosco Stick(1) Marinara Sauce Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	26 Chicken Patty Sand. Oven Fries Steamed Peas/Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	27 Hot Dog (1) Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk		

Additional Fruit & Vegetable Choices May Include:
 Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

Additional Daily Choices

#1 Ham and Cheese Sand (KG Only)

#2 Peanut Butter and Jelly (Grades 1-5)

#3 Chef Salad

#4 YO ON THE GO
 (cereal or cereal bar)
 (Muffin and/or Mini Loaf)
 (Yogurt or String Cheese)

Lunches offers 5-component choices:

Fruit and or Juice
 Assorted Vegetables
 Meat and /or Protein
 Equivalent
 Bread

