

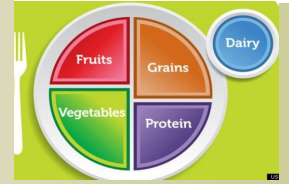
****Portion Sizes and number of choices are determined by Grade Level****



**Conemaugh Township
High School Menu
NOVEMBER 2024**

USDA is an equal opportunity provider and employer

**Randy Walker
Food Service Director
Randy.walker@ctasd.org**



Lunch Prices
Lunch HS \$2.65
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price!
Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies: Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:
At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Corn Dogs Pierogies Cauliflower *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>
<p>4 Ranch Chicken Flatbread Steamed Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>5 Italian Panini Oven Fries Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of milk</p>	<p>6 Penne Pasta Meat Sauce or Alfredo Italian Bread Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>7 Asian Chicken Seasoned Brown Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>8 Pierogie Pizza Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>
<p>11 </p>	<p>12 </p>	<p>13 Cheesesteak Sub Oven Fries Leafy Green Salad *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>14 **Local Fresh Beef** Nachos Grande Breadstick Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choice Choice of Milk</p>	<p>15 Turkey Bacon Croissant Tater Tots Steamed Carrots Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>
<p>18 Hot ham and Cheese Pretzel Bun Oven Fries/ Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>19 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Cauliflower *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>20 Meatball Sandwich Oven Fries Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>21 Thanksgiving Dinner Roasted Turkey Mash Pot/Gravy Stuffing/ Sweet Potato Steamed Corn/Roll Applesauce Cake Choice of Milk</p>	<p>22 Hot Dogs Potato Smiles Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>
<p>25 Baked Italian Hoagie Oven Fries Leafy Green Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of milk</p>	<p>26 Famous Chicken Bowl Mashed Potato/Gravy Shredded Cheese Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>27**Local Fresh Beef** Sloppy Joe Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk</p>	<p>28 </p>	<p>29 </p>

Additional Fruit & Vegetable

Choices May Include:
Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Additional Daily Items

Monday
Chicken Patty
Spicy Chicken Patty

Tuesday
Hamburgers

Wednesday
Assorted Wraps
Deli Sandwiches

Thursday
Hot Dogs

Friday
Assorted Pizza

EVERYDAY
PBJ
Salads
Yogurt

