

****Portion Sizes and number of choices are determined by Grade Level****



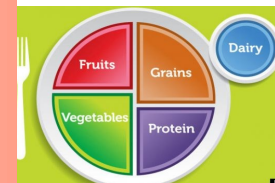
Conemaugh Township

K-5 Menu

OCTOBER 2025

USDA is an equal opportunity provider and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Lunch Prices

Lunch ELE	\$2.50
Reduced	\$.0
Adult	\$5.00
Milk	\$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				
29 BBQ Ribbie Sand. Smiley Fries Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Chicken Tenders Roll Baked Potato Broccoli W/ Cheese *Fresh Veggies Assorted Fruit Choices Choice of Milk	1 Corn Dog Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	2 Turkey Bacon Croissant Chips Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	3 Ham/Cheese Sand. Pretzel Bun Sweet Potatoes Cheez-its *Fresh Veggies Assorted Fruit Choices Choice of Milk
6 Beef Dippers/Roll Mashed Potatoes Gravy Steamed Broccoli *Fresh Veggies/ Fruit Choice of Milk	7 Grilled Cheese Sand Tomato Soup Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	8 Spaghetti/Meatballs Bread Stick Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	9 Chicken Nuggets Cheese Sauce Hot Pretzel Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	10 Hot Dog Oven Fries Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
13 	14 Walking Taco Refried Beans Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	15 Chicken Tenders/Roll Mashed Potatoes Gravy Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	16 Fish Stick OR Grilled Chicken Sand. Pierogies Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	17 Mini Pizza Side Salad Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Sorbet Cup
20 Belgian Waffles; Sausage Hash Browns Sweet Potatoes Assorted Fruit Choices Choice of Milk Fruit Juice	21 Chicken over Biscuits Mashed Potatoes Peas and Carrots *Fresh Veggies/Fruit Choice of Milk	22 Meatball Hoagie Tater Tots Mixed Veggies **Fresh Veggies Assorted Fruit Choices Choice of Milk *LUCKY TRAY DAY!!	23 Chicken Nuggets Baked Potato/Cheese Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	24 Cheese Burger Oven Fries Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
27 Breaded Ravioli Bosco Stick Marinara Sauce Steamed Peas Fresh Fruit/Veggies Fruit Juice Choice of Milk	28 Chicken Nachos Grande Black Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	29 Hot Dog Oven Fries Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of milk	30 Chicken Patty Sand. Buttered Noodles Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	31 Stuffed Crust Pizza Green Leafy Salad Sweet Potatoes *Fresh Veggies Assorted Fruit Choices Choice of Milk

Additional Fruit & Vegetable

Choices May Include:

Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Additional Daily Choices

#1 Deli Sand

(K1st Grade Only)

#2 Peanut Butter and Jelly

(Grades K, 2-5)

#3 Chef Salad

#4 YO ON THE GO

(cereal or cereal bar)
(Muffin and/or Mini Loaf)
(Yogurt or String Cheese)

Lunches offers

5-component choices:

Fruit and or Juice
Assorted Vegetables
Meat and /or Protein
Equivalent
Bread

