

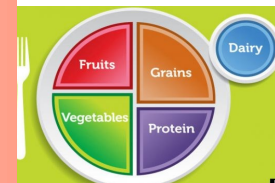
****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township High School Menu OCTOBER 2025

USDA is an equal opportunity provider
and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Lunch Prices

Lunch HS	\$2.70
Reduced	\$.0
Adult	\$5.00
Milk	\$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies: Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
29 Chicken/Bacon/Ranch Flatbread Tater Tots/ Broccoli Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Corn Fresh Veggies/ Asst. Fruit Choice of milk	1 Pepperoni Roll Chips Steamed Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	2 BBQ Rib Sandwich Buttered Noodles Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	3 Fish Sticks Mrs. T's Pierogies Cauliflower Leafy Green Salad Fresh Veggies/ Asst. Fruit Choice of Milk
6 Buffalo Chicken Dip Nacho Chips Mixed Veggies Fresh Veggies Assorted Fruit Choice of Milk	7 Famous Chicken Bowl Mashed Potato/Gravy Shredded Cheese Green Beans *Fresh Veggies Assorted Fruit Choices	8 Walking Taco Meat/Cheese/Salsa Black Beans/ Corn Fresh Veggies/Asst. Fruit Breadstick Choice of Milk	9 Chicken over Biscuits Mashed Potatoes Peas & Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	10 Grilled Cheese Sand. Tomato Soup Celery Sticks Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Sherbert
13 	14 Chicken Fajita Oven Fries Baked Beans Fresh Veggies Assorted Fruit Choices Choice of milk	15 Penne Pasta Meat Sauce or Alfredo Italian Bread Green Beans Fresh Veggies/ Asst. Fruit Choice of Milk	16 GRILL TEAM Wings Fried Rice Baby Carrots Apple Slices Chips Cookies	17 Cheesesteak Sub Diced Potatoes Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk
20 Breaded Ravioli Bosco Stick (1) Marinara Sauce Green Peas Fresh Veggies Assorted Fruit Choices Choice of Milk	21 Chicken Tenders Mashed Potatoes/Gravy Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	22** Local Fresh Beef** Nachos Grande Meat/Cheese/Salsa Black Beans/ Corn Fresh Veggies/Asst. Fruit Breadstick Choice of Milk	23 Meatball Sandwich Potato Smiles Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	24 Pierogie Pizza Veggie Medley Fresh Veggies Assorted Fruit Choices Choice of Milk
27 Corn Dogs Mac N Cheese Baked Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	28 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Cauliflower Fresh Veggies Assorted Fruit Choices Choice of milk	29 Hot Ham and Cheese Pretzel Bun Oven Fries Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Asian Chicken Lo Mein Noodles Oriental Veggies Fresh Veggies Assorted Fruit Choices Choice of Milk	31- Grill Team Serves Lunch Baked Italian Hoagie Chips Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk

Additional Fruit & Vegetable

Choices May Include:

Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Additional Daily Items

Monday

ChickenPatty
Spicy Chicken Patty

Tuesday

Hamburgers

Wednesday

Assorted Wraps
Deli Sandwich

Thursday

Hot Dogs

Friday

Assorted Pizza

EVERYDAY

PBJ
Salads
Yogurt

