

10/22/24



Local School Wellness Policy Checklist

Each Local Education Agency (LEA) sponsoring the National School Lunch Program or School Breakfast Program is required to develop and implement a local school wellness policy. LEAs may use this checklist to ensure their written local school wellness policy includes the minimum elements required for compliance with federal regulations under the Healthy, Hunger-Free Kids Act of 2010. For additional information on local school wellness policies, visit the Pennsylvania Department of Education, Division of Food and Nutrition's webpage.

- The policy identifies by job title the LEA/school official(s) responsible to ensure each school in the LEA complies with the policy.
- The policy includes a requirement for a triennial assessment (i.e., at least every three years) of the wellness policy that is made available to the public and is used to update the local wellness policy, as needed.
- The triennial assessment is required to include the following components:
 - Compliance of participating schools with the wellness policy;
 - Comparison of the local policy to a model school wellness policy; and
 - Progress made in attaining the goals of the wellness policy.
- The policy describes how the LEA informs and updates the public about the content of the wellness policy, including any policy updates, on at least an annual basis.
- The policy describes a wellness committee or other means of permitting participation of the community (including parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the public) in the development, implementation, periodic review, and update of the wellness policy.
- The policy contains specific goals for nutrition education.
- The policy contains specific goals for nutrition promotion.
- The policy contains specific goals for physical activity.
- The policy contains specific goals for other school-based activities that promote student wellness.
- The policy ensures that meals offered through the school meal programs are consistent with established federal meal standards.
- The policy contains nutrition guidelines for all foods and beverages available for sale on the school campus during the school day that are consistent with federal regulations for competitive foods (Smart Snacks in School nutrition standards).
- The policy includes standards established by the LEA for non-sold foods and beverages available to students on the school campus during the school day (e.g., at classroom parties, as shared classroom snacks, and as a reward or incentive).
- The policy allows marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.